

- **US Passports Required**

- Double check the expiration date ASAP (must be not within 6 months of expiration date)
- Bring physical passport with you

- **COVID-19 Vaccination Required**

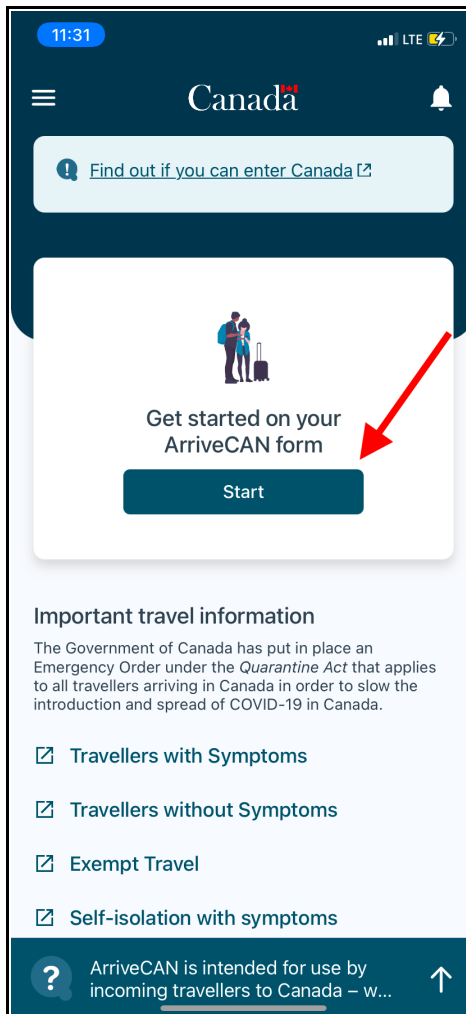
- For all athletes 12 years old and up, vaccination is required - last dose must at least 14 days prior to travel
- You must bring the physical vaccination card (should show dates for both shots)

- **Negative COVID-19 Test no sooner than 72 hours from arrival to Canada - Required**

- **This must be a PCR test** (rapid/antigen tests will not be accepted) - a list of approved tests can be found <https://travel.gc.ca/travel-covid/travel-restrictions/covid-vaccinated-travellers-entering-canada>
- Schedule a test - <https://www.uwmedicine.org/coronavirus/testing>

- **ArriveCAN App - Required**

- Download the ArriveCAN App - <https://www.canada.ca/en/public-health/services/diseases/coronavirus-disease-covid-19/arrivecan.html>
- **Cannot complete until within 72 hours of trip**
- Complete all required trip information (see steps below)
- Steps:



1.

11:32

LTE

← Entry into Canada

How are you entering into Canada?

Select from one of the following:



Entry by Air



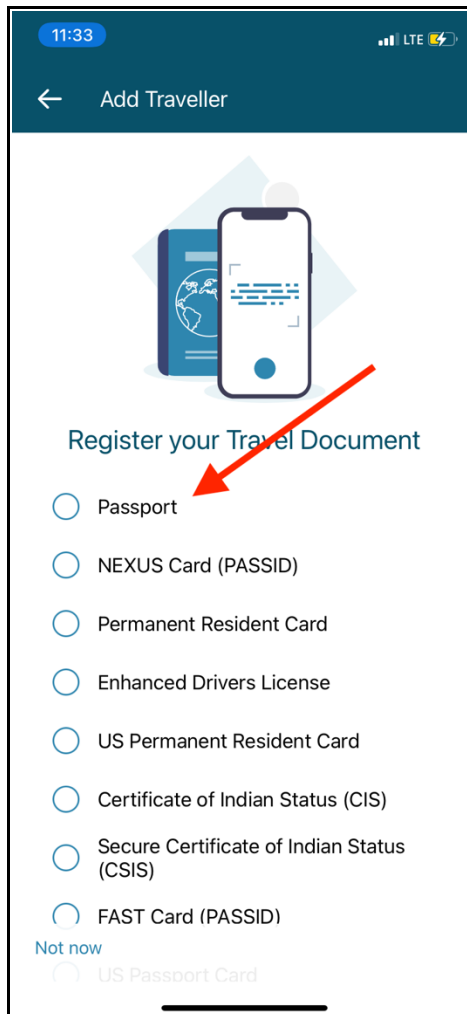
Entry by Land



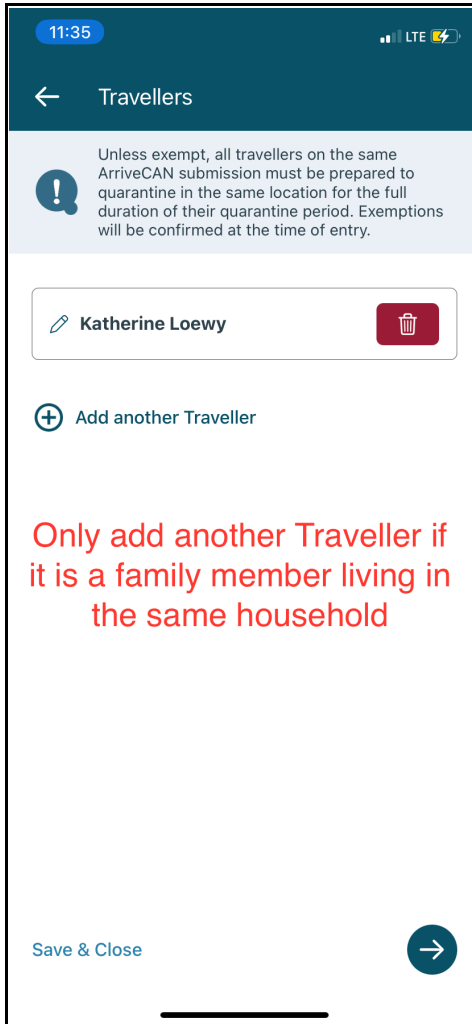
Entry by Marine



2.



- 3.
4. Use camera feature to automatically fill in Passport info



5.

11:51 LTE

← Contact Information

Contact Information

Please provide your primary telephone number where you can be reached while in Canada.


* Primary Phone Number	Phone Type
+1 425-214-6717	Mobile

Secondary Phone Number (optional)	Phone Type
	Home

What is your official language of choice?

English

French

Save & Close 

- 6.
7. Please use Katy's cell phone number as the primary contact

11:52 LTE

← Positive COVID-19 test

Do you have proof of a positive COVID-19 test result on a sample taken between 14 and 180 days before your arrival at a port of entry into Canada?

You will need to have proof of a valid [COVID-19 molecular test result](#) even if you are [fully vaccinated](#).

Antigen tests are not accepted.

If you don't have proof, you may be subject to a fine of \$5,000 CDN or denied boarding / entry to Canada. Certain exceptions apply.

Katherine Loewy NO YES

Travellers who have tested positive for COVID-19 on a sample collected between 14 and 180 days prior to arrival at a land border crossing, are not required to take a molecular COVID-19 test upon entry and on Day 8 of their quarantine period.

Save & Close

8.

11:36 LTE

← Proof of vaccination

Katherine Loewy

Answer each question to provide proof of vaccination

Which COVID-19 vaccine did you receive for your first dose?

Pfizer (Comirnaty, tozinameran, BNT162b2)

In which country did you receive your first dose of COVID-19 vaccine?

Travellers who received their COVID-19 vaccine at a Canadian embassy abroad should select 'Canada'

United States of America

Date of your first COVID-19 vaccine dose? (yyyy-mm-dd)

2021-02-21

Have you received a second dose of the COVID-19 vaccine?

NO YES

Which COVID-19 vaccine did you receive for your second dose?

In which country did you receive your second dose of COVID-19 vaccine?

Save & Close received their COVID-19 vaccine Canadian embassy abroad should select 'Canada' →

- 9.
10. Enter in both first and second dose information
11. Upload a photo of the front of you Vaccination card - Use the same photo for the "second dose" image *Required to have both photos*

11:52

LTE

← Positive COVID-19 test

Do you have proof of a positive COVID-19 test result on a sample taken between 14 and 180 days before your arrival at a port of entry into Canada?

You will need to have proof of a valid [COVID-19 molecular test result](#) even if you are [fully vaccinated](#).

Antigen tests are not accepted.

If you don't have proof, you may be subject to a fine of \$5,000 CDN or denied boarding / entry to Canada. Certain exceptions apply.

Katherine Loewy

NO

YES

i Travellers who have tested positive for COVID-19 on a sample collected between 14 and 180 days prior to arrival at a land border crossing, are not required to take a molecular COVID-19 test upon entry and on Day 8 of their quarantine period.

Save & Close



12.

12:02 LTE

← Positive COVID-19 test

Do you have proof of a positive COVID-19 test result on a sample taken between 14 and 180 days before your arrival at a port of entry into Canada?

You will need to have proof of a valid [COVID-19 molecular test result](#) even if you are [fully vaccinated](#).

Antigen tests are not accepted.

If you don't have proof, you may be subject to a fine of \$5,000 CDN or denied boarding / entry to Canada. Certain exceptions apply.

Katherine Loewy NO YES

Save & Close →

13.

12:02 LTE

← Negative COVID-19 test

Do you have proof of a negative Molecular COVID-19 test on a sample taken no more than 72 hours prior to arrival at a land border crossing into Canada?

You will need to have proof of a valid [COVID-19 molecular test result](#) even if you are [fully vaccinated](#).

Antigen tests are not accepted.

If you don't have proof, you may be subject to a fine of \$5,000 CDN or denied boarding / entry to Canada. Certain exceptions apply.

Katherine Loewy NO YES

Save & Close →

14.

12:02 LTE

← Negative COVID-19 test

Which country did you receive your negative Molecular COVID-19 test from?

Please answer the question for each traveller:

Katherine Loewy

* Add country

United States of America

Save & Close →

15.

11:52 LTE

← Your travel history

As a traveller coming to Canada, you need to declare all the countries you have visited 14 days prior to your entry.

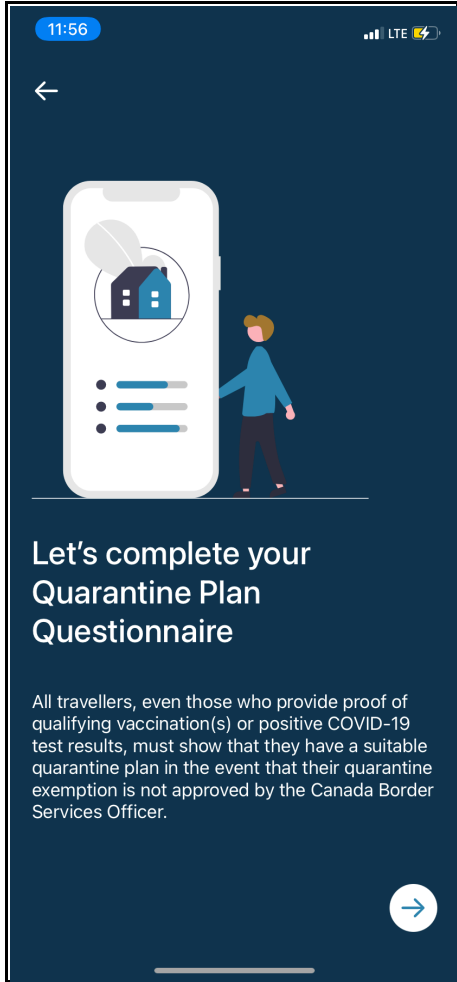
! What is considered visiting a country? ▾

In the last 14 days, did you or anyone travelling with you visit any other countries besides the U.S?

NO YES

Save & Close →

16.



17.

12:04



← Question 1 of 6

Do you have accommodation where you can quarantine for 14 days or possibly longer?

Quarantine means staying home and avoiding situations where you could come in contact with others who did not travel with you. This important step helps reduce the spread of COVID-19 in our country, our communities and our families. You must have a quarantine plan for the next 14 days.

Katherine Loewy

NO

YES

Save & Close



18.

12:05 LTE

← Question 2 of 6

Can you avoid all contact with other people in the household with whom you did not travel and have no guests?

Katherine Loewy NO YES

Save & Close

19.

12:05 LTE

← Question 3 of 6

Will you have access to the necessities of life, including water, food, medication and heat without leaving quarantine?

Katherine Loewy NO YES

Save & Close

20.

12:05

LTE

← Question 4 of 6

Are there at-risk people at the location where you plan to quarantine?

At-risk people are those who are at risk of more severe disease, specifically those who:

- are 65 years or older;
- have underlying medical condition(s); or
- have a compromised immune system

Katherine Loewy

NO

YES

Save & Close



21.

12:05



← Question 5 of 6

Is there a person at the location where you plan to quarantine who works or assists in a facility, home or workplace that includes at-risk populations?

This includes:

- Nurses, doctors, other healthcare professionals, personal support workers, social workers, and developmental services support staff
- First responders such as paramedics, police officers, firefighters
- Cleaning and maintenance staff, receptionists and administrative staff, food services staff, volunteers, essential visitors to those living in long term care settings

Katherine Loewy

NO

YES

Save & Close



22.

12:05 LTE

← Question 6 of 6

Is your place of quarantine a group living environment (e.g. group home or senior residence) or does it currently house different families?

A group living environment is a setting where you cannot separate yourself from others. This may include a home, group or co-living setting such as:

- A shelter, group home, group residence, hostels, industrial camps, construction trailers or other group setting
- A student residence (unless you've received prior authorization)
- A small apartment you share with others
- A shared household with a large family or families or many people
- Shared living spaces with housemates who haven't travelled with you that you cannot avoid interacting with

For a full list of examples, visit the [congregate living settings section](#).

Katherine Loewy

Save & Close

No Yes

→

23.

11:55 LTE

← Your quarantine location

Complete your quarantine location

Destination type

- Returning home
- Staying with friends or family
- Hotel, motel or rental accommodation
- Other

*** Street name and number**

2040 Summit Dr

Apt or Unit #

*** City**


Panorama

*** Postal Code**

V0A1T0

*** Province**

BC

Save & Close 

24.



25.

12:06 LTE

← Self-Assessment

Are you or any of the travellers listed on this form experiencing any of the following symptoms?

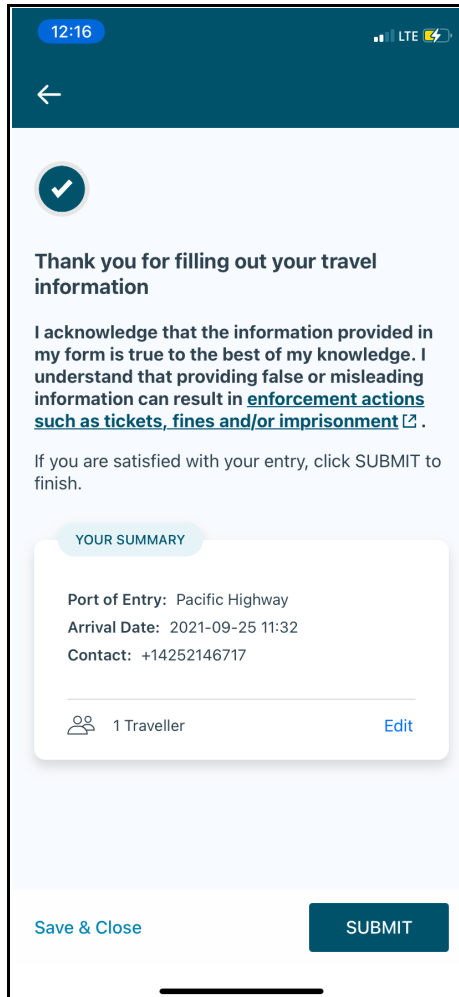
Symptoms are defined as:

- Fever and cough
- Fever and difficulty breathing

Katherine Loewy NO YES

Save & Close

26.



27.

28. **Note- The Date will be the actual date of arrival (the above was just for example)*
You can either *Submit* OR *Save & Close* to complete later