

Event Medical Action Plan
Team Alpental Snoqualmie



1. Summary

For each day of competition, on-hill medical coverage for Race events at The Summit at Snoqualmie will be provided by the Summit Ski Patrol. Their members are trained to respond to incidents that may occur anywhere on the mountain, including within the racing venue. The professional patrollers are employees of the resort and are members of the National Ski Patrol. Their training is particular and applies to providing service to ski areas. Members of the Summit Ski Patrol are certified as Outdoor Emergency Care Providers under the professional division of the National Ski Patrol. Red jackets may identify ski patrollers with a silver or white cross on the back and upper arm. Patrol operations are overseen by Jim Bahmiller (West) and Bram Thrift (Alpental). The medical plan for this event has been developed in accordance with the guidelines described in the FIS Medical Guide. Specific elements of this medical plan depend on several variables, including, without limitation, the event size, competition level, available facilities, anticipated weather conditions, the appropriate standard of medical care, and overall risk evaluations.

2. Course Medical Locations

Toboggans are the primary means of transporting injured persons from the slopes/trails to the base of the ski area. Snowmobiles may be used for minor injuries and to transport patients to the main First Aid Room. There is a ski patrol building located near the top of Armstrong Express Lift at Alpental and the top of Pacific Crest Lift at West. This building is not an aid room; it is only used as a dispatch point. This location is above the venue. Toboggans are stationed at the top of the Sessel lift. A toboggan could be staged near the SL start. The Ski Patrol Dispatch (Located at Patrol Headquarters) will ensure that any used toboggan is swiftly replaced. More than one toboggan will be staged at the top of each lift. Patrollers, under standard mountain operations protocol, are stationed at the Patrol shack. Should an incident occur and a patroller be needed, the request will be made via a dedicated mountain radio channel to Ski Patrol Dispatch, who will then send a patroller to the incident location. The responding patroller will collect the toboggan closest to the incident and proceed to the injured party's location. The first-responding patroller will contact Ski Patrol Dispatch upon arrival and request any additional personnel or equipment. Patrollers carry basic medical supplies in a backpack or vest to respond to most injuries on the hill. In addition to those supplies, the following medical equipment is cached at strategic locations on the mountain for a timely response to

Injured guests:

- Toboggans with DJ-Splint, blue pad, blanket, and tarp
- Backboards
- Oxygen kits
- Trauma packs
- Traction splints
- Automatic External Defibrillators
- Sagar traction splint

3. Ski Patrol Headquarters:

Alpental has one Ski Patrol First Aid Station. The central station is located behind the main day lodge on the skier's left side at Alpental. The entrance is from behind the Denny Mountain lodge at Alpental. West has one Ski Patrol First Aid Station. The central station is located skier's right of the day lodge at West. All injured parties assessed by Ski Patrol (unless first aid is refused in the field) are brought to the Aid Station.

4. Spectator Care

The Patrol will respond to incidents involving spectators just as they would for any other guest or employee at the ski area. The on-scene patroller and Patrol Dispatch will coordinate their care and transportation to the off-ski hill.

5. Communications

Three main channels will be used during each race:

- Jury on channel (1) via Motorola
- Course Crews on channel (2) via Motorolas

- Ski Patrol (Dedicated Mountain channel). Each race venue will have a mountain radio capable of contacting mountain dispatch. The radios will be tested from the race venue daily before the start of the event. Patrol can be reached on channel (1)
- The Ski Patrol Dispatch can be contacted via mountain radio on a dedicated radio channel by a ROC liaison person or by telephone.
- External phone or mobile phone for Summit at Snoqualmie: 425-434-6782 or via mountain phone 6552
- Chris Cell 425 985 6875
- Chris Cell 206 618 4469

6. Incident Protocol

When an incident occurs, or an athlete appears to need assistance on the racecourse:

- The Jury official closest to the incident site or injured athlete will communicate with the Chief of Race the location of the injured athlete. **NO PERSON IS TO MOVE ONTO THE COURSE OR APPROACH THE DOWN RACER, UNTIL ORDERED TO DO SO BY EITHER A MEMBER OF THE JURY OR THE SKI PATROL.**
- The Jury official closest to the incident site or injured athlete will take charge of the accident and communicate on the Jury channel as to the initial assessment of the accident and athlete and request, if necessary, course access by ski patrol.
- If required, the mountain liaison person will request the ski patrol to assess the injured athlete to determine the appropriate course of action and the need for equipment or personnel. **NO ONE WILL ACCESS THE COURSE UNTIL THE JURY HAS GRANTED COURSE ACCESS.**
- The mountain liaison will communicate with the ski patrol the location of the injured athlete and any other known information.
- Evacuation, if necessary, will be coordinated by the ski patrol.
- Athletes will be transported from the race venue according to the evacuation protocol set out below. Any person, other than the ski patrol attending at the accident site, may only remove "debris" from the racecourse and may only assist the athlete under the specific direction of the ski patrol person in charge of the accident site. Under no circumstances (other than AN OBSERVED NON-BREATHING PATIENT) is any person other than the ski patrol in charge of the accident site to attempt to remove the athlete's equipment, remove the athlete from the nets, or try to move the athlete in any way. The Jury official nearest the accident will be responsible for the orderly conduct of the rescue. Care should be taken to control the number and status of those persons attending the accident. Those persons in the area who were not involved in the accident will ensure that the fencing and netting are restored to their original form and function. If there are any broken poles or torn netting, this should be communicated to the Chief of Course so they can take appropriate steps to replace these items before the race commences. Immediately upon the accident site being clear and safe for the event to recommence, the Jury official closest to the accident site will advise the Chief of Race. The Chief of Race will confirm that all areas of responsibility are ready to proceed and ask the Start Referee to complete a course clearance from the bottom up. At that time, the Chief of Race will direct the restart of the event. At the same time, the Chief of Race will advise that regular radio communications may resume. Care and transport decisions will be the responsibility of the ski patrol with input from event and team physicians. Care will be based upon established protocols. All medical personnel are asked to adhere to established protocols. The ski patrol will advise the mountain liaison of the racer's status as soon as the information is available.

7. Evacuation Protocol:

Race Course:

- Injuries requiring transport will be evacuated via toboggan and travel down the race course or trails adjacent to the race course by the ski patrol. The on-scene patroller and Patrol Dispatch will coordinate all transport decisions. Unless first aid is refused on the hill, all injured parties will be taken to the ski patrol building at the bottom of Alpental or West. Transportation from Alpental or West to the area Hospitals:
- Several options exist for transportation from the Resort to area hospitals.
- Weather permitting, severely injured patients may be airlifted directly from a landing site near the Patrol building. Summit Ski Patrol will coordinate the decision of where to take a patient
- Ambulance service is available from the main Ski Patrol First Aid room located in the patrol building. Ski Patrol personnel can request Paramedics to meet the ambulance to provide advanced care as required.
- Note: Nothing in this medical plan may be considered a guarantee of service by The Summit at Snoqualmie, the organizer, or any other party providing service as outlined in this plan.